



Restored Lives

Recovery from Divorce and Separation



“This course is the single most helpful thing I’ve done.”

Archdiocese of Liverpool Marriage and Family Life Department



**We hold meetings twice a year
in February and September**



Meetings are in small groups and are free, confidential, informative and affirming.

**The course is for any person who is going through,
or who has gone through, a relationship breakdown.**

For details of times and venue contact:

Maureen O’Brien 07967 753 371 or Jacqui Selleck 07793 825 815

**Topics will cover: Facing the effects of what’s happened; Communication and Conflict Resolution;
Letting Go; Managing other relationships; Legal matters; and Being single and moving forward.**