

Bereavement

All the books are available through bookshops and on the internet, and we suggest you check information and reviews before deciding whether a particular book may be helpful for you. Those books that approach bereavement from a Christian perspective are indicated with (C).

Books for bereaved parents

Lament for a Son (C), Nicholas Wolterstorff, ISBN 978-0802802941
The Shaming of the Strong (C), Sarah Williams, ISBN 978-1573834070
Always With You, Gloria Hunniford, ISBN 978-0340953976
The Worst Loss, Barbara D Rosof, ISBN 978-0805032413
The Bereaved Parent, Harriet Sarnoff Schiff, ISBN 978-0285648913

Books for those widowed young

A Grief Observed (C), C S Lewis, ISBN 978-0571066247
Death and How to Survive It, Kate Boydell, ISBN 978-0091902575
Living With Loss, Liz McNeill Taylor, ISBN 978-1841191058
Widow's Journey, Xenia Rose, ISBN 978-0285650985
Surviving Your Partner, Sylvia Murphy, ISBN 978-0955051203
Mum's List, St John Greene, ISBN 0718158334

General bereavement books

A Grace Disguised (C), Jerry Sittser, ISBN 978-0310258957
Living With Bereavement (C), Sue Mayfield ISBN 978-0745952956
Tracing the Rainbow (C), Pablo Martinez and Ali Hull, ISBN 978-1850784876
Finding Your Way After the Suicide of Someone You Love (C), David Biebel and Suzanne Foster, ISBN 978-031025757-8
Inside
Grief (C), Kathy O'Brien, ISBN 978-1860244636A
Special Scar (Suicide), Alison Wertheimer, ISBN 978-0415220279

Books to help families

Keeping Your Kids Afloat When it Feels Like You're Sinking (C), Cyndi Lamb Curry, ISBN 978-0830734535
Children and Bereavement (C), Wendy Duffy, ISBN 978-0715149980
A Parent's Guide to Raising Grieving Children, Phyllis Silverman and Madelyn Kelly, ISBN 978-0195328844
Straight Talk About Death for Teenagers, Earl A Grollman, ISBN 978-0807025017
Someone Has Died Suddenly, Mary Williams, ISBN 978-1906409104
Grief Encounter Workbook, Shelley Gilbert, ISBN 978-0954843403
Muddles Puddles and Sunshine, Diana Crossley, ISBN 978-1869890582

Beyond the Rough Rock, Stubbs-Stokes/Baker, ISBN 978-0953912377

Lucy's Rainbow – A Journey of Hope (C), Judy Hopkins, ISBN 978-1-85078-954-3